

Getting The Most From Your Arrhythmia Nurse

Jean Maloney

Sheffield Teaching Hospitals NHS
Trust

Referrals Taken From;

- Sheffield, Doncaster, Barnsley, Rotherham, Worksop and Chesterfield
- GP's, Consultants, A&E

Sheffield Cardiac Rhythm Management Team Consists of;

- 4 Part Time Equivalent Arrhythmia Nurses
- 3 Consultant Electrophysiologists
- Technical Support from Device
Representatives and Cardiac Physiologists
- 1 Clerical Officer

Remit Of The Service

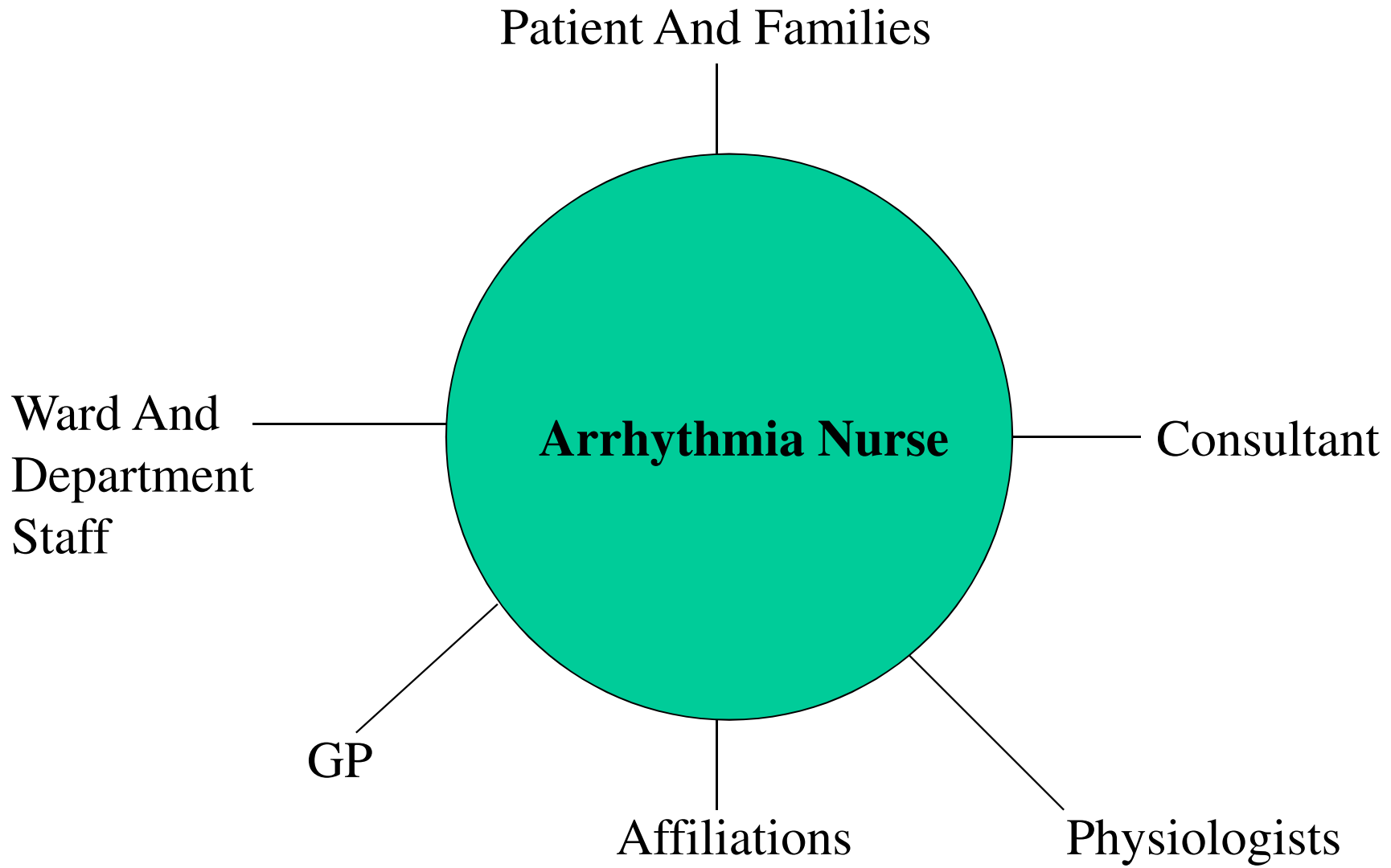
‘To Effectively Manage and Treat Troublesome and Life Threatening Arrhythmias’

- Pacemakers
- ICD’s
- CRT’s (both pectoral and subcutaneous)
- Loop/Reveal Recorders
- Nurse Led DCCV
- POTS/Syncope
- Drug Challenges
- In Patient and Out Patient Service

What Is An Arrhythmia Nurse?

(also known as eurhythmic nurses, rhythmic nurses, arrhythm nurses)

‘An Arrhythmia Nurse is a registered nurse who has extensive knowledge around the field of cardiology and heart rhythm management with the ability to apply this in an independent way.’



What Can An Arrhythmia Nurse Do For Me?

- Provide or obtain support
- Provide or obtain answers
- Provide or obtain advice
- Provide a speedier service
- Provide access to investigations
- Provide medication instigation and changes
- Liase with consultant on your behalf

Where Can I find An Arrhythmia Nurse?

- Various affiliations
- GP
- Local Cardiology Centre
- Internet



Advice For Your First Appointment

- Be prepared to have ECG, clinical observations, weight and height performed
- Nurse will want to know what are your main concerns
- Useful to have dates of onset and frequency
- Bring a list of questions with you
- Bring a person with you
- Bring list of medications
- Bring paper and a pen

What Could I Ask?

- Can I work?
- Can I drive?
- Can I travel?
- Can I conceive?
- How can I control my symptoms?
- Where and how can I get support?
- What are the treatment options?

How Often Should I See The Arrhythmia Nurse?

Depends on individual need

Most arrhythmia services provide contact numbers for ongoing and continued support

Our Service provides frequent nurse led out patient clinics therefore waiting times for appointments are very short.

The Role Of The Arrhythmia Nurse In An Affiliated group

- To provide and support a link between the affiliation and patients
- To work alongside the affiliated group in providing up to date information on research, guidelines and practices
- To promote the work of the affiliation and its invaluable resources and contacts
- To inform people of its continuing work and the need for fundraising

Challenges For The Arrhythmia Nurse

- To address all referrals in a timely and efficient manner
- To maintain and update our own knowledge and skills
- To maintain education and guidance for the public to recognise and obtain early intervention for arrhythmias

Thank You

Any Questions??????

