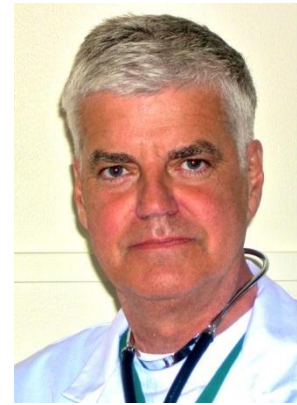


## Arrhythmia Alliance Sweden – Arytmi Alliansen

During the last year the Arrhythmia Alliance in Sweden has focused on education and general information of the new guidelines for CPR. Articles have been published in newspapers written by A-A on how to perform an adequate resuscitation.

On the A-A Sweden website ([www.arytmia.se](http://www.arytmia.se)) we also give detailed information on how to use an automatic, external defibrillator (AED), illustrated with several step by step close-up pictures. Special instructions to workers on nearby golf courses on the use of AED's are on-going as sudden cardiac death on a golf course is not uncommon.



Another topic is the detection of atrial fibrillation (AF). Some new apps for iPhone and Andreoid can measure the pulse rate by putting your finger in front of the phone's camera lens and within seconds the display shows the heart frequency. A-A Sweden demonstrates the technique on their website, but also claim the importance of checking the pulse in the "standard way".

A-A Sweden are continuing their efforts to inform the public on different pacemaker systems, the indication and results of different ablation procedures and so on. Many patients do not know all the new possibilities regarding new treatments of their cardiac disturbances and the arrhythmia information going out to the public is the major task for A-A Sweden.

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