

# RESTART THE HEART

**Sudden Cardiac Arrest can strike anyone, anytime, anywhere...**



⚡ CPR alone = 5% Survival ⚡  
CPR + AED = 50% Survival ⚡

An Automatic External Defibrillator (AED) together with CPR is the **ONLY** way to re-establish the heart's natural rhythm!

**CAN YOUR COMMUNITY RISK NOT HAVING ONE...?**



Arrhythmia Alliance is helping to place AEDs in local communities  
**HELP US TO HELP YOU**

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