

## **My Wife's Sudden Cardiac Arrest**

**Mon 20<sup>th</sup> June 2011**

What a week.....Anne is now making unbelievable progress on the 'Coronary Care Unit'.

We now understand that it was a Sudden Cardiac Arrest that caused her to collapse on the way out of the 'Take That' concert, brought on by an undetected heart condition that causes the heart rhythm to change and in this case stopped the heart beating. It was not a heart attack which is brought on by heart disease.

If this had happened anywhere else, even at home, the result could have been completely different and Anne may not be back with us. It was a miracle that amongst the thousands of people leaving the concert two nurses and two doctors came forward to administer CPR to Anne, before the ambulance arrived with a defibrillator to shock Anne's heart back to life.

The doctors and nurses here in Intensive Care and the Coronary Care Unit have been amazing and Anne is now up on her feet, regaining her long term memory.....all except about three or four days prior to the event. She can't remember the concert.....any excuse to buy yet another 'Take That' DVD. Her short term memory is also improving by the day.

The plan now is that before Anne is allowed home she will have an operation to fit an electronic implant. The device is a cross between a pacemaker and an in-built defibrillator.

They are also screening our children to ensure that they haven't inherited the syndrome.

Someone has definitely been looking down on Anne!!