

## Cardiac Update Course – ‘Your Heart in Your Hands’

A cardiac update course for healthcare professionals involved in the management and treatment of heart rhythm disorders

*CPD approval will be applied for with Royal College of Physicians*

### 09.00 Registration

#### Atrial Fibrillation

09.30 Welcome and introduction

09.35 Arrhythmia Alliance – what’s new?

09.45 Progression to permanent AF – how can we prevent it?

10.25 Quality of life in AF – how to measure it and the impact of different interventions

- Is the impact of AF fully appreciated when it comes to health care costs?

### 11.00 Break

11.20 New therapeutic approaches for the protection of AF patients from stroke

- Do Aspirin or Warfarin have a role anymore?

12.00 Profile for the AF patient who will benefit from catheter ablation – improving patient outcomes

### 12.30 Lunch

#### Devices

13.15 Devices in inherited cardiac conditions i.e. hypertrophic cardiomyopathy, Brugada syndrome

13.50 Troubleshooting devices

- Case studies

14.30 Preventative care - recognising and treating syncope in the elderly population

14.55 Latest update on device therapy

- Data trials and clinical practice
- Local implant rates, are they acceptable or what more needs to be done?

### 15:30 Meeting Close

[www.heartrhythmcharity.org.uk](http://www.heartrhythmcharity.org.uk)    [info@heartrhythmcharity.org.uk](mailto:info@heartrhythmcharity.org.uk)

**President:** Prof A. John Camm, QHP, MD, FRCP, FACC. **Trustees:** Dr Adam P Fitzpatrick, MD, FRCP, FACC, Dr Derek Connelly, MD, FRCP, Mrs Trudie Lobban, Mr Nigel Farrell LLB(Hons)  
**Patrons:** W B Beaumont, OBE, Prof Hein J J Wellens, Prof Silvia G Priori.