



Order your Arrhythmia Awareness Week (AAAW) Packs to collect at Regional Meetings

For those of you attending Regional Meetings this year, we can prepare your Awareness Pack(s) with a selection of Pulse Check Cards, Arrhythmia Checklists and posters for you to collect on the day.

Select your AAW Pack(s) to order...

1. Pulse Check Cards – For individuals, friends and family. The Pulse Check Card is a public self-educational tool that teaches the reader how to take their pulse, what it means and when they should seek further advice for an irregular heartbeat.

2. Posters and Leaflets Pack – Ideal for distributing information and promotional items, individuals can take this pack to their GP surgery, hospital, medical centre, care home, local school, work place, and community centre.

3. Pulse Check Pack – With a selection of information and promotional items, this pack is for those holding a Pulse Check Clinic teaching people how to take their pulse. It can also be used for those holding a display stand at your local hospital, shopping centre, GP surgery or community centre. We have Pulse Check Cards, checklists, and promotional materials you can use.

Email Joanna Fearnley joanna@heartrhythmcharity.org.uk with details of your planned AAW activity and which meeting you are attending.

To ensure your pack is ready for collection, please place your order at least 2 weeks before the specified Regional Meeting date.