

Delivering Quality Standards for Stroke

Wednesday 12 May 2010 76 Portland Place, London

Topics Include:

- > Quality Standards for Stroke
- > Implementing and monitoring Quality Standards for Stroke
- > Screening for early diagnosis and identification of Stroke
- > Developing local quality indicators and metrics for stroke services
- > Involving carers of patients with Stroke from the outset
- > Improving discharge and rehabilitation for Stroke patients
- > Redesigning the Stroke service to improve productivity and quality across the whole Stroke pathway
- > Improving the mental health and emotional wellbeing of Stroke survivors
- > Using Stroke Quality Standards in Commissioning
- > Moving Forward: Integrating national quality standards with local quality indicators and metrics for Stroke services

Chair and keynote speakers:

- > **Tim Stokes** *Co Chairman, Quality Standards Stroke Expert Group, The National Institute for Health and Clinical Excellence (NICE), and Consultant Clinical Advisor, Quality Systems, The National Institute for Health and Clinical Excellence (NICE)*
- > **Michael Carpenter** *Stroke Review Lead The Care Quality Commission*
- > **Jon Barrick** *Chief Executive Stroke Association*

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Stroke has been announced as one of the first two National Quality Standards. **"In response to The Darzi report, High Quality Care For All, NICE has been commissioned by the Department of Health to produce quality standards. This expands NICE's role to include setting and approving independent quality standards for the NHS. We have now produced the first drafts of our standards for stroke care."**

NATIONAL INSTITUTE FOR HEALTH AND CLINICAL EXCELLENCE DRAFT QUALITY STANDARDS FOR STROKE DECEMBER 2009

Chairman **Tim Stokes** *Co Chairman, Quality Standards Stroke Expert Group*, The National Institute for Health and Clinical Excellence (NICE), and *Consultant Clinical Advisor, Quality Systems*, The National Institute for Health and Clinical Excellence (NICE) opens the conference with an introduction on quality standards for Stroke and looking forward to measurable statements that identify a high quality Stroke service. **Michael Carpenter** *Stroke Review Lead* Care Quality Commission continues with a presentation on implementing and monitoring quality standards for Stroke including the Care Quality Commission Review of services for people who have suffered from a stroke and their carers.

The conference continues with a focus on case studies of Implementing Quality Standards for Stroke with the Quality Standards proposed by The NICE Stroke expert group as a guide to good practice.

The conference concludes with a presentation from **Dr Tony Rudd** *Chairman, Quality Standards Stroke Expert Group*, The National Institute for Health and Clinical Excellence (NICE), *Chairman NICE Guidelines Development Group for Acute Stroke and TIA* *Co-chair Royal College of Physicians Intercollegiate Stroke Working Party (ICSWP)* and *Consultant Physician in Stroke Medicine* Guy's and St Thomas' NHS Foundation Trust who will look at how to demonstrate and communicate improvement and monitoring against standards, integrating national quality standards with local quality indicators and metrics for Stroke services and moving forward in practice.

"Stroke is a major healthcare problem in the UK. It can have a devastating and lasting impact on the lives of people and their carers. Approximately 110,000 people in England have a first or recurrent stroke each year, and 25% of strokes occur in people younger than 65 years. The risk of recurrent stroke within 5 years of a first stroke is between 30% and 40%."

NATIONAL INSTITUTE FOR HEALTH AND CLINICAL EXCELLENCE, DECEMBER 2009

10.00 **Chairman's introduction: Quality Standards for Stroke**

Tim Stokes

Co Chairman, Quality Standards Stroke Expert Group, The National Institute for Health and Clinical Excellence (NICE), and Consultant Clinical Advisor, Quality Systems, The National Institute for Health and Clinical Excellence (NICE)

- > looking forward to measurable statements that identify a high quality Stroke service

10.30 **Implementing and monitoring Quality Standards for Stroke**

Michael Carpenter

*Stroke Review Lead
The Care Quality Commission*

- > the Care Quality Commission Review of services for people who have had a Stroke and their carers 2009/10
- > a pathway approach looking at acute care in hospital, discharge, rehabilitation and ongoing care and support: how will performance be assessed?
- > monitoring for outcomes improvement: moving forward

11.00 Question and answers, followed by coffee and exhibition at 11.10

FOCUS: IMPLEMENTING QUALITY STANDARDS FOR STROKE

11.45 **Screening for early diagnosis and identification of Stroke**

Dr Anil Sharma

*Consultant Stroke Physician
University Hospital Aintree NHS Foundation Trust*

- > using screening tools to determine a diagnosis of Stroke
- > improving education and training in identification for frontline staff
- > where screening is positive ensuring transfer within 60 minutes
- > improving public awareness: monitoring the impact of F.A.S.T.

12.10 **Developing local quality indicators and metrics for Stroke services**

David Davis

*Clinical Pathways Coordinator/Stroke Lead
NHS South East Coast & Stroke Lead, College of Paramedics,
South East Coast Ambulance Service NHS Trust*

- > our clinical metrics development programme for Stroke
- > integrating our local programme with the national quality standards
- > the findings of our clinical metrics programme for Stroke in NHS South East Coast

12.35 **Involving carers of patients with Stroke from the outset: One of the quality standards for Stroke proposed by NICE is that carers of patients with Stroke are involvement with the management process from the outset**

Jon Barrick

*Chief Executive
Stroke Association*

- > how can we measure this standard?
- > involving carers and Stroke patients in their care
- > empowerment and involvement for improvement

13.00 Questions and answers, followed by lunch and exhibition at 13.10

14.00 **Improving the discharge process for Stroke patients: Proposed Quality Standards for Stroke include ensuring patients with Stroke are discharged according to a locally agreed protocol to ensure adequate discharge planning and ensuring patients discharged home directly after acute treatment with residual problems are followed up within 24 hours**

Bethan Siviter

*Nurse Consultant, Stroke
South Birmingham Primary Care Trust*

- > effective discharge planning and ensuring continued care: what the discharge plan should include
- > working in partnership to manage patients who are discharged home directly after acute treatment who have residual problems within 24 hours
- > our discharge process and patient feedback in South Birmingham
- > ensuring all patients requiring ongoing care are treated in a specialist Stroke rehabilitation unit: the criteria these units should meet
- > providing ongoing therapy for 45 minutes, 5 days a week as long as patients continue to benefit from it

14.30 **Redesigning the Stroke service to improve productivity and quality across the whole Stroke pathway**

Dr Steve Alder

*Consultant Neurologist and Clinical Director
Stroke Service Line, NHS Plymouth*

- > analyzing and understanding your current process and pathway
- > reducing length of stay and improving access to Stroke rehabilitation
- > understanding productivity, cost and income implications

15.00 **Improving the mental health and emotional wellbeing of Stroke survivors: One of the quality markers for Stroke proposed by the Topic Expert Group is ensuring patients with Stroke entering rehabilitation are screened for depression using a validated tool**

Diana Day

*Stroke Nurse Consultant East of England Stroke Networks
& Member, Quality Standards Stroke Expert Group,
The National Institute for Health and Clinical Excellence*

- > supporting emotional recovery following a Stroke
- > ensuring patients are screened for depression
- > supporting mental wellbeing and taking a preventative approach

15.30 Questions and answers, followed by tea and exhibition at 15.40

16.00 **Using Stroke Quality Standards in Commissioning: The first quality standard is that patients with Stroke receive care from commissioned services that encompass the whole Stroke pathway**

Helen Hosker

*Clinical Commissioning Lead for Stroke, Manchester NHS Trust
and Member, Quality Standards Stroke Expert Group,
The National Institute for Health and Clinical Excellence*

- > ensuring services are commissioned across the whole Stroke pathway
- > using quality standards for Stroke as commissioning goals
- > our approach and developments in Manchester

16.30 **Moving Forward: Integrating national quality standards with local quality indicators and metrics for stroke services**

Dr Tony Rudd *Chairman, Quality Standards Stroke Expert Group, The National Institute for Health and Clinical Excellence (NICE), Chairman NICE Guidelines Development Group for Acute Stroke and TIA Co-chair Royal College of Physicians Intercollegiate Stroke Working Party (ICSWP) and Consultant Physician in Stroke Medicine Guy's and St Thomas' NHS Foundation Trust*

- > how to demonstrate and communicate improvement and monitoring against standards
- > moving forward in practice

17.00 Questions and answers, followed by close

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Conference Registration



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Venue

76 Portland Place, London, W1B 1NT. A map of the venue will be sent with confirmation of your booking.

Date

Wednesday 12 May 2010.

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- £365 + VAT (£428.88) for NHS, social care, private healthcare organisations and universities.
- £300 + VAT (£352.50) for voluntary sector/charities.
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- £300 + VAT (£352.50) for IHM members.

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